MY FAWE HUMAN DESIGN BOOKS

Design book. It can make a big difference in your journey of growth.

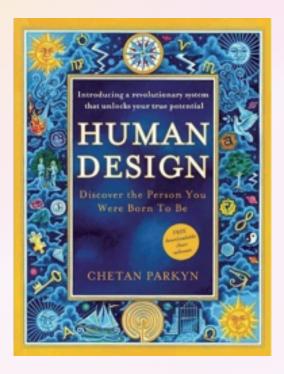
Good news: the last two books on this list are free \heartsuit

Oh, and consume this information wisely. Don't let your mind decide which resources to read....instead, let your Authority decide.

- If your Authority is **Sacral** or **Splenic**, let your gut/intuition decide what to read or buy. It's an instant knowing, and you can act on it right away.
- If your Authority is **Emotional**, don't be too impulsive when it comes to buying books. Preferably, sleep on it! And when it comes to articles, read the ones that elicit a response from your body, rather than from your mind (gut, heart, sacral spleen.... I don't care, whatever is defined in your chart and gets you going).
- These were just a few examples all **other Authorities**: simply apply what you already learned about your Authority to decide on the best resources for you to dive into. Don't know anything about it yet? Simply feel into your body/Calling to decide.

INTUITIVE INFORMATION

GREAT FOR BEGINNERS



<u>Human Design - Discover the Person You Were Born to Be</u>

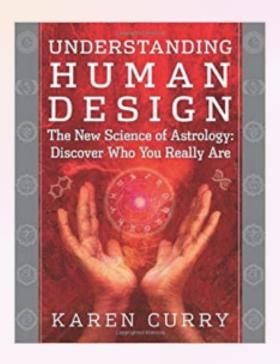
Chetan Parkyn

This is probably the easiest book to start with.

All the Types, Centers, Gates, Channels, and Profiles are intuitively explained in plain language. However, if you like great exactness, precision and depth of detail, this book is not going to fully satisfy you. I own the book myself, and it has been the best start for me. Chetan Parkyn has been giving reading over 35 years, and the book is built from his experiential wisdom.

DIGGING DEEPER

AND STILL ACCESSIBLE

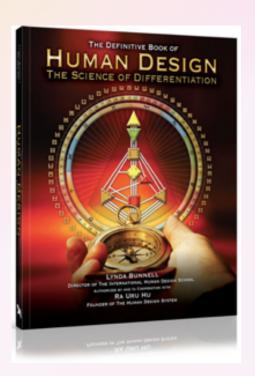


<u>Understanding Human Design. The New Science</u> <u>of Astrology: Discover Who You Really Are</u> <u>Karen Curry</u>

This book was the perfect
upgrade for me after reading Chetan Parkyn's
book, because it went more into depth. She is amazing
at explaining the bigger picture, and how Channels and Gates
are connected to our evolution as a human species. She gives
less information about the profiles than Chetan Parkyn does.
This is for the ones of you who want to not just understand
your profile, but also want to understand the
systematics behind it.

THE FULL MONTY

FOR MY CO-NERDS

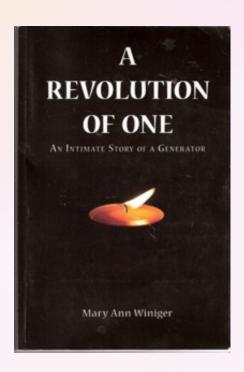


The Definitive Book of Human Design. The Science of Differentiation Linda Bunnell & Ra Uru Hu

This book is THE book I'll recommend to any Human Design "nerd" (like me). It is the most precise book, which is no surprise since it comes directly from the source (Ra Uru Hu). I wouldn't necessarily advice it as a starting book, unless you feel a deep desire to understand Human Design on its' deepest level. What you'll find inside: all the Types, Profiles, Centers, all the Incarnation Crosses (life goals), all the combos of numbers and lines (from 1.1 to 64.6; this is something you won't find in the other books), and more.

LIVING YOUR DESIGN

AS A GENERATOR



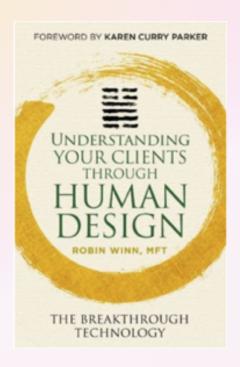
A Revolution of One. An Intimate Story of a Generator
by Mary Ann Winiger

Of all the books, this one has made the most impact on me – it inspired me to start living my design, instead of just reading about it.

It's a diary of a brave woman who decided to radically test her Human Design Strategy and Authority. She quit almost anything that was happening in her life, and started waiting for things to respond to. Literally. She has shown me that by doing 'nothing', the most amazing things come into your life. And... that it takes time. Mary Ann is a 6/2 non-emotional Sacral Generator.

TWOFREEBOOKS

1. INTRO TO HD



<u>Understanding your Clients through Human Design</u> by Robin Winn

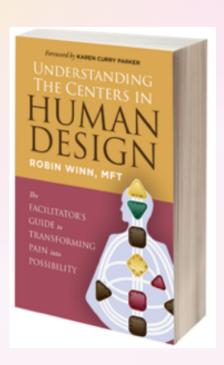
This book will get all your basics covered.

Types, Strategy, Circuitry, basic elements of the charts (gates, channels etc.) and Authority (limited, only the biggest groups are discussed). On top of that, it supports you in applying Human Design to your line of work, if that's something you desire. I really appreciate Robin Winn her embodied and open-hearted approach to Human Design. I had contact with the writer and she offers these books for free (you'll be asked to leave your email address, she has a sweet newsletter I am subscribed to myself).

If you prefer a physical edition, you'll find her books on Amazon too.

TWOFREEBOOKS

2. THE CENTERS



<u>Understanding the Centers in Human Design</u> by Robin Winn

This one is my favorite of the two.

I've read this book last year from page
to page. And even after four years of intense HD
study, it truly has deepened my understanding of the
centers. If you really want to 'crack the Human Design
code', you'll need to get a good grip on the centers.

My favorite part in this book? Her approach to the
Open Centers. She not only goes into their
challenges, but also into their
potential as 'God portals'.

OHAND THIS IS NOT

A BOOK BUT

I HIGHLY

RECOMMEND

CHECKING

OUT MY

HUMAN DESIGN BLOG

IF YOU DID NOT DO SO YET

& HERE ARE TWO FREE EBOOKS
FROM THE INTERNATIONAL
HD SCHOOL

ENJOY

ARTWORK <u>@GRIF</u>

AUTHOR

@AYLA_VERHEIJEN

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